

B.A. I P-I

COURSE CODE: 3.010

Name of the Department : Psychology

Name of the Course (PAPER) : B.A. / B.Sc. I Year

Paper – I : Basic Psychological Process

Course Objective : (2 or 3 lines)

Each of these basic Psychological Process has a function and they will work together to produce complex human behaviour. Let's take a look at five of the most basic psychological processes. Sensation, Perception, attention, learning and memory and how they contribute to the mind and human behaviour.

Course Outcome : (Minimum 5 points)

1. Nature and scope of Psychology, S-O-R framework.
2. Methods of Psychology – Observation, Experimental, Field survey, Interview and Questionnaire.
3. Physiological basis of behaviour : Central nervous system and autonomic nervous system.
4. Classical and Instrumental conditioning.
5. Memory and Forgetting.
6. Determinants of Personality.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Class room test.
2. Class Assignment
3. Annual exam with theory and practical

Text Book :

1. Singh, R.N., Adhunik Samanya Manovigyan, Varanasi : Motilal Banarasi Das.
2. Azmurrehman; Samanya Manovigyan, Varanasi, Motilal Banarasi Das.

B.A. I P-II

COURSE CODE:3.020

Name of the Department : Psychology

Name of the Course (PAPER) : B.A. / B.Sc. I Year

Paper – II : Life Span Developmental Psychology

Course Objective : (2 or 3 lines)

To study the various stages of human development from conception till death.

Course Outcome : (Minimum 5 points)

1. Stages of human development.
2. Nature and determinants of Physical, Sensor and Perceptual development.
3. Determinants of social, emotional and moral development.
4. Problem of adolescence.
5. Factors influencing adjustment during aging.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Class room test.
2. Class Assignment
3. Annual exam with theory and practical

Text Book :

1. Singh, R.N., Adhunik Vikasatmak Manovigyan, Varanasi : U.S. Patel.
2. Lal J.N., Manav Vikas Ka Manovigyan, Gorakhpur : Neel Kamal.

Reference Book :

1. Hurlock, G.B., Developmental Psychology, Mc Graw Hill.
2. Stott, Psychology of Human Development, Prentice Hall.

B.A. I PRACTICAL

COURSE CODE:3.030

Name of the Department : Psychology

Name of the Course (PAPER) : B.A. / B.Sc. I Year

Paper – III : Practical

Course Objective : (2 or 3 lines)

For applied knowledge of Psychological Tests / Scales / Inventories / Questionnaire Experiment and other tests. Practicals were conducted every year from each papers.

Course Outcome : (Minimum 5 points)

1. Learning curve (Maze / Mirror Drawing) and effect of knowledge of result on learning.
2. Intelligence (verbal / performance) and personality test.
3. Measurement of memory span for digits and words.
4. Measurements of Self-Esteem.
5. Moral development and Adolescent's problems.
6. Social maturity.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Experimental in Laboratory
2. Paper Pencil Test
3. Through Practical / Viva-Voce

Book :

1. Manovaigyanik Prayog Evam Parikshan by Singh, R.N. and Tripathi R.B.

B.A. II P-I

COURSE CODE:3.040

Name of the Department : Psychology

Name of the Course (PAPER) : B.A. / B.Sc. II Year

Paper – I : Social Psychology

Course Objective : (2 or 3 lines)

To study the effect of social conditions on human behaviour.

Course Outcome : (Minimum 5 points)

1. Uses of social Psychology and methods of studying social behaviour.
2. Determinants of interpersonal attraction.
3. Attitude change
4. Aggression and human nature
5. Impression formation of person-perception
6. Leadership and prejudice

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Class room test.
2. Class Assignment
3. Annual exam with theory and practical

Text Book :

1. Singh, R.N., Adhunik Samajik Manovigyan, Agra, Agrawal Publication.
2. Singh, A.K. Samaj Manovigyan Ki Roop-Rekha, New Delhi, Motilal Banarsi Das.

Reference Book :

1. Secord, P.F. and Backman, C.W. Social Psychology, New York, Mc Graw Hill Inc.
2. Baran, R.A. and Byrne, D. Social Psychology, New Delhi, Prentice Hall.

B.A. II P-II

COURSE CODE:3.050

Name of the Department : Psychology

Name of the Course (PAPER) : B.A. / B.Sc. II Year

Paper – II : Psychopathology

Course Objective : (2 or 3 lines)

To study mental sickness or mental distress or the manifestation of behaviours and experiences which may indicative of mental illness or psychological impairment.

Course Outcome : (Minimum 5 points)

1. To know the details of psychopathology and understand the different categories of disease.
2. To know the importance of DSM IV and ICD-10 for the categorization of mental disease.
3. Adjustment, Frustration and Defense mechanism.
4. Phobic disorder, OCD.
5. Psychotic disorders : Schizophrenia, Delusional disorder and Mood disorders.
6. Personality disorders : Alcohol, Drug Abuse, Mental disorder

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Classroom Test one day in a week.

Text Book :

1. Srivastava, D.N., Asamanya Manovigyan, Agra, Vinod Pustak Mandir
2. Tripathi, Jai Gopal, Asamanya Manovigyan, Agra, Bhargava.

B.A. II PRACTICAL

COURSE CODE:3.060

Name of the Department : Psychology

Name of the Course (PAPER) : B.A. / B.Sc. II Year

Paper – III : Practical

Course Objective : (2 or 3 lines)

For applied knowledge of Psychological Tests / Scales / Inventories / Questionnaire and other tests Practical were conducted every year.

Course Outcome : (Minimum 5 points)

1. Measurement of attitude
2. Social conformity
3. Measurement of mental health, Adjustment, Anxiety and Stress
4. Social perception
5. Measurement of Prejudice

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Through Practical / Viva-Voce Exam
2. Observation method
3. Paper-Pencil Test

Book :

1. Prayogik Manovigyan by Verma, Preeti and Srivastava, D.N.
2. Prayog Evam Parkshan by Srivastava, Beena.

B.A. III P-I

COURSE CODE:3.070

Name of the Department : Psychology

Name of the Course (PAPER) : B.A. / B.Sc. III Year

Paper – I : Psychological Statistics

Course Objective : (2 or 3 lines)

To introduce the applied statistics in daily life activities.

Course Outcome : (Minimum 5 points)

1. Nature and type of statistics
2. Frequency distribution and graphic representation of Data.
3. Measurement of central tendency and dispersion
4. Meaning, Characteristics and applications of N.P.C.
5. Significance of difference between means and frequencies.
6. Correlation and Scaling Methods.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Classroom Quiz.
2. Classroom Test
3. Project and Assignment
4. Annual exam with theory and practical

Text Book :

1. Kapil, H.K., Sankhyiki Ke Mool Tatva, Agra, Vinod Pustak Mandir.
2. Garrett : Statistics in Psychological Education, Delhi, Oxford

Reference Book :

1. Guilford, J.P., Fundamentals of Statistics in Psychology and Education, New York : Mc Graw Hill
2. Karlinger : Statistics, Hott.

B.A. III P-II

COURSE CODE:3.080

Name of the Department : Psychology

Name of the Course (PAPER) : B.A. / B.Sc. III Year

Paper – II : Experimental Psychology

Course Objective : (2 or 3 lines)

To describe, explain and predict complex behaviours of living thinks.

Course Outcome : (Minimum 5 points)

1. Conceptual basis of experimental psychology.
2. Methods problem and theory of psychophysics.
3. Sensory perceptual processes, After Effect illusions, Distance and movement perception.
4. Nature, Experimental procedure and process of learning : Verbal and Concept, Management of learning.
5. Nature, Theories and determinants of memory and forgetting.
6. Nature, methods of problem solving and motivational concepts.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Monthly test in classroom
2. Quiz competition in classroom
3. Assignment examination through theory and practical

Text Book :

1. Singh, R.N., Advanced Experimental Psychology, Varanasi : U.S. Publishers.
2. Asthana, M. Manobhautiki, Varanasi : U.S. Publishers.

Reference Book :

1. Woodworth and Schlesberg; Experimental Psychology.
2. D'Amato, M.R. Experimental Psychology.

B.A. III P-III

COURSE CODE:3.090

Name of the Department : Psychology

Name of the Course (PAPER) : B.A. / B.Sc. III Year

Paper – III : Psychology of Personality

Course Objective : (2 or 3 lines)

Assessment of personality by various techniques, methods, theories and approaches.

Course Outcome : (Minimum 5 points)

1. Nature, Types and development of personality.
2. Theories of personality.
3. Case history, Interview method etc.
4. Learning theories of Skinner, Dollard and Miller and social theories of Bandura.
5. Characteristics and Limitations of Psychometric methods and projective techniques.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Classroom test and assignment.
2. Quiz Competition in class.
3. Annual exam with theory and practical / Viva-Voce.

Text Book :

1. Asthana, M. and Verma K.B., Vyaktitva Ka Manovigyan, Motilal Banarasidas, Varanasi.
2. Srivastava, D.N., Vyaktitva Ka Manovigyan.

Reference Book :

1. Hall and Lindzey, Theories of Personality.
2. Perveen, Personality : Theory, Methods and Research.

B.A. III PRACTICAL

COURSE CODE:3.100

Name of the Department : Psychology

Name of the Course (PAPER) : B.A. / B.Sc. III Year

Paper – IV : Practical / Viva-Voce

Course Objective : (2 or 3 lines)

For applied knowledge of Psychological Tests / Scales / Inventories / Questionnaire Experiment and other tests Practical were conducted every year for each paper.

Course Outcome : (Minimum 5 points)

1. Paired Comparison and Rating Scale.
2. Measurement of Differential Threshold.
3. Problem Solving
4. Measurement of point of subjective equality : Muller Lyer illusion.
5. Sixteen Personality factors.
6. Eysenck Personality Questionnaire.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Experiments in Laboratory.
2. Data Collection
3. Group Discussion
4. Theory and Practical / Viva-Voce.

Text Book :

1. Manovaigyanik Prayog Evam Parikshan, by Dr. Luxmi Singh.