

M.A. SEM-I P-I

COURSE CODE:3.110

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - I

Paper – I : Psychology of Learning

Course Objective : (2 or 3 lines)

To help the creature to work and conquer difficulty or obstacle or adapt to new situations

Course Outcome : (Minimum 5 points)

1. Concepts and procedures of conditioning classical and instrumental.
2. Theories of learning : Hull, Tolman, Kohlar.
3. Concepts, types, patterns, variables and theoretical issues of Reinforcement.
4. Nature, variables and theories of Extinction.
5. Avoidance learning, Role of Punishment in learning.
6. Methods, Materials, Problem & Results of verbal learning and its strategies.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Assignment of difficult chapter
2. Classroom test
3. Project
4. Theoretical and practical examination in six monthly.

Text Book :

1. Tripathi, L.B., Modern Experimental Psychology, H.P. Bhargawa Book House, Agra, India.
2. Singh, A.K. (2000), Advanced Experimental Psychology, Motilal Banarsi Das, Varanasi, India.

Reference Book :

1. Hulse, S.H., Deese, J. and Egeth, H. (1975) : The Psychology of Learning, Mc. Graw Hill, Kagakusha Ltd., Tokyo.
2. D. Amato, M.R. (1970), Experimental Psychology : Tata McGraw Hill. India.

M.A. SEM-I P-II

COURSE CODE:3.120

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - I

Paper – II : Psychometric Methods: Measurement

Course Objective : (2 or 3 lines)

To introduced the nature and theory of Psychological measurement, different types of test and Basic statistics to study the human behaviour.

Course Outcome : (Minimum 5 points)

1. Measurement : Nature of psychological measurement, basic assumption of test theory.
2. Obtained scores and error component.
3. Basic statistics : Special correlations, procedures and applications, factor analysis.
4. Regression and prediction, analysis of variance, covariance, multiple analyses of variance.
5. Measurement of attitudes and interests: Scaling Techniques

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Classroom debate & discussion
2. Project & assignment
3. Examination through theory and practical.

Text Book :

1. Asthana, B. B. (1999) Measurement and Evaluation in Psychology and Education.
2. Garrett, H.E.(1966): Statistics in Psychology and Education.

Reference Book :

1. Anastasi, A. (1983) Psychological Testing, The Macmillan company.
2. Garrett, H.E.(1966): Statistics in Psychology and Education , Vakil ,Feffers and Simons, Mumbai.

M.A. SEM-I P-III

COURSE CODE:3.130

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - I

Paper – III : Psychological Research

Course Objective : (2 or 3 lines)

The main aim of psychological research to analyze organism's behaviour in relation to its environment

The aim of research is, 'systematized effort to gain new knowledge.

Course Outcome : (Minimum 5 points)

1. Purpose and importance of research
2. Problem and hypothesis
3. Different method of data collection
4. Sample selection and population
5. Type of research : Experimental Vs Non Experimental

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Classroom Debate & discussion
2. Project
3. Assignment
4. Examination.

Text Book :

1. Tripathi, L.B. (2005), Manovaigyanik Anusandhan Paddhatiyan Har Prasad Bhargava, Agra.
2. Hakim, M.A. & Asthana, V. (1977), Research Methods in Psychology, Vinod Pustak Mandir, Agra.

Reference Book :

1. Srivastava, D.N., Research Methods, Sahitya Prakashan, Agra.
2. Gupta, S.P. & Gupta, Alka (1997), Statistical Methods in Behaviour Science, Sharda Pustak Bhawan, Allahabad.

M.A. SEM-I P-IV

COURSE CODE:3.140

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - I

Paper – IV : Psychology of Social Processes

Course Objective : (2 or 3 lines)

The objective of Psychology of social process is work together or joint activity for the achievement of common goal or goals. So it is a process in which individuals or groups work unitedly for the promotion of common goals or objectives. It is a goal oriented social process.

Course Outcome : (Minimum 5 points)

1. Status of social psychology in India, Nature of social psychology.
2. Person perception, observer's role, role of nonverbal cues.
3. Attribution, social influence: determinants.
4. Persuasive communication, effective communication.
5. Interpersonal attraction, reinforcement.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Group Discussion
2. Observation
3. Question - Answer

Text Book :

1. Secord, P.F. and Backman, C.W.(1974), Social Psychology; McGraw Hill Inc. NY.
2. Tripathi,L.B.(1998), Adhunik Samaj Manovigyan , Agra: Sahitya Bhawan.
3. Singh, R.N.(2000), Adhunik Samaj Manovigyan, Agra: Vinod Pustak Mandir.

Reference Book :

1. Baran, R.A and Byrne, D. (1998), Social Psychology New Delhi Prentice Hall.

M.A. SEM-I PRACTICAL

COURSE CODE:3.150

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - I

Paper – V : Practical

Course Objective : (2 or 3 lines)

For applied knowledge of psychology in daily life psychological test / scales / inventories/ questionnaire and other verbal and non-verbal test were used in practical.

Course Outcome : (Minimum 5 points)

1. Social Position Curve
2. Binary Prediction as a function of Reinforcement Schedule
3. Sample selection by three different methods
4. Social Maturity
5. Use of Interview/ Observation Method

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Through Practical / Viva-Voce
2. Group Discussion
3. Data Collection
4. Analysis of Data

Text Book :

1. Prayog and Parichhan – Srivastava, Ramji Srivastava, Baena.
2. Singh, A.K., Ucchar Manovaigyanik Prayog Evam Parikshan.
3. Sulaman, Mohamad; Manovaigyanik Prayog Evam Parikshan.

M.A. SEM-II P-I

COURSE CODE:3.160

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - II

Paper – I : Cognitive Process : Memory

Course Objective : (2 or 3 lines)

The objective of memory is to make knowledge of a fact or event which is more experienced in the past or earlier and less experience or thinking in the current consciousness.

Course Outcome : (Minimum 5 points)

1. Basic concepts and nature of memory and forgetting, theory of forgetting.
2. In Sensory Memory procedure and properties of Iconic and Echoic memory.
3. Short Term Memory and its aspects : encoding, Edetic imagery and Visual Imagery and Working memory.
4. Types of Long Term Memory: Episodic and Semantic Memory.
5. Different Models of memory as Atkinson and Shiffrin, Tulving's Model & Parallel Distributed Processing.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Assignment, test in classroom, six monthly exams through theory and practical.

Text Book :

1. Anand, Varsha,(2001) Adhigam evam Smriti, Motilal Banarasi Dass, Varanasi
2. Singh, A. K. (2000) Uchchar Samanya Manovigyan, Motilal Banarasi Dass,Varanasi.
3. Tripathi, L. B. (1989): Adhunic Prayogik Manovigyan, H.P. Bhargava Book House. Agra, India.

Reference Book :

1. D' Amato, M. R. (1970): Experimental Psychology: Tata McGraw Hill, India.
2. OS good, C. E. (1953): Method and Theory in Experimental Psychology. Oxford, N.Y.

M.A. SEM-II P-II

COURSE CODE:3.170

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - II

Paper – II : Psychometric Method: Testing

Course Objective : (2 or 3 lines)

The aim of Psychometric method is to give knowledge about to test construction, reliability, validity of test and use of different types of general mental ability.

Course Outcome : (Minimum 5 points)

1. Steps involved in test construction, Item Analysis, Standardization and Norms.
2. Nature, Methods and types of reliability
3. Nature and types of validity
4. Characteristics, classification and applications of test
5. Knowledge of general mental ability.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Classroom test and discussion.
2. Examination with theory and practical.

Text Book :

1. Singh, A. K. (1999) Psychological Research Methods, Moti Lal Banarasi Dass, New Delhi
2. Asthana, B. B. (1999) : Measurement and Evaluation in Psychology and Education.

Reference Book :

1. Anastasi, A. (1983) : Psychological Testing
2. Freeman, F. S. (1971) Theory and Practice of Psychological Testing Oxford IBH, New Delhi.

M.A. SEM-II P-III

COURSE CODE:3.180

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - II

Paper – III : Research Design and Statistical Methods

Course Objective : (2 or 3 lines)

The main objective of research design is to plan, structure and strategy of investigation conceived as to obtain answer to research questions and to control variance.

Course Outcome : (Minimum 5 points)

1. Importance and uses of research design
2. Type of research design
3. Factor, Factorial design
4. Parametric, Non-parametric statistics
5. ANOVA (One way – Two way)
6. Chi-Square, t-test, Kruskal, Wallis test.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Classroom test
2. Projects
3. Assignment
4. Exams

Text Book :

1. Gupta, S.P. & Gupta, Alka (1997), Statistical Methods in Behaviour Science, Sharda Pustak Bhawan, Allahabad.
2. Tripathi, L.B. (2005), Methods of Research, Bhargava Press, Agra.

M.A. SEM-II P-IV

COURSE CODE:3.190

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - II

Paper – IV : Psychology of Social Behaviour and Problem

Course Objective : (2 or 3 lines)

The main objective of this paper is to understand the social problems such as, aggression, poverty, population growth etc. and to solve these problems in social context.

Course Outcome : (Minimum 5 points)

1. Altruism and pro-social behaviour
2. Aggression : frustration, social learning, methods of preventing and reducing aggression
3. Current social problems, poverty, population growth, controlling strategies
4. Social roles, social norms and social roles, personality and culture.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Annual Exam
2. Group Discussion

Text Book :

1. Secord, P. F. and Backman C. W. (1974), Social Psychology; McGraw Hill Inc. NY
2. Mishra, G. (Ed.,1990), Applied Social Psychology in India; New Delhi: Sage Publication

Reference Book :

1. Singh, A. K. (2003), Samaj Manovigyan Ki Rooprekha, New Delhi: Motilal Banarasi Das.

M.A. SEM-II PRACTICAL

COURSE CODE:3.200

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - II

Paper – V : Practical

Course Objective : (2 or 3 lines)

For applied knowledge of psychological Test / Scales / Inventories/ Questionnaire and other tests practicals were conducted every year.

Course Outcome : (Minimum 5 points)

1. STM as a function of Retention Interval
2. Retroactive Inhibition (Paired Association)
3. Recall of Completed and Uncompleted Tasks
4. WAIS

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Through Practical / Viva-Voce Exam
2. Group Discussion
3. experiments in Laboratory
4. Paper-pencil test

Text Book :

1. Prayog and Parichhan – Srivastava, Beena, & Srivastava Ramji.
2. Prayogik Manovigyan – Verma, Preeti, & Srivastava, D.N.

M.A. SEM-III P-I

COURSE CODE:3.210

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - III

Paper – I : Cognitive Process: Perception

Course Objective : (2 or 3 lines)

The objective of this paper is to provide knowledge about perception because perception is the operation of a set of variables that intervene between sensory stimulation and awareness.

Course Outcome : (Minimum 5 points)

1. Problem of perception and basics of perceptual system.
2. Perceptual experience, stability and instability paradox.
3. Theory and measurement of psychophysical discrimination : Phi-gamma Hypothesis
4. Form perception, Figure and Background : Determinants.
5. Perception of space, Time and Perception

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Classroom test
2. Assignment
3. Exams & projects

Text Book :

1. Asthana, M. (1999) Psychophysics, U. S. Publishers, Varanasi, Chowk.
2. Solso, (2010) Cognitive Psychology, Pearson Publication, New Delhi.

Reference Book :

1. Dember, W. N. and Warm, J.S. (1960, 1979) The Psychology of Perception, Holt, Reinhart and Winston Inc. NY.

M.A. SEM-III P-II

COURSE CODE:3.220

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - III

Paper – II : Psychodiagnostics

Course Objective : (2 or 3 lines)

A branch of Psychology concerned with the use of tests in the evaluation of personality and the determination of factors underlying human behaviour.

Course Outcome : (Minimum 5 points)

1. Meaning of Psychodiagnosis
2. Clinical assessment of case study and mental status examination
3. Importance and characteristics of projective technique.
4. Professional ethics for clinical Psychologists / Behavioural scientists.
5. Importance and scope of clinical psychology.
6. Utility of Neuropsychological test of the measurement of brain damage.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Test organized one day in a week.

Text Book :

1. Singh, A. K. (2003) Advanced Clinical Psychology . New Delhi: Motilal Banarasi Das.
2. Singh, R. N. (1983) Naidanik Manovigyan, Ludhiyana: Kalyani Publishers.

M.A. SEM-III P-III

COURSE CODE:3.230

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - III

Paper – III(a) : Guidance Psychology

Course Objective : (2 or 3 lines)

The main objective of guidance is to help individual to understand and accept the positive and negative aspects of his personality, interests, aptitude, attitudes, etc. Provide a wide choice and opportunities. Help make adjustment in the new life situation.

Course Outcome : (Minimum 5 points)

1. Guidance : Need of youth, functions of guidance.
2. Types of guidance, Role of parents in educational and vocational guidance.
3. Testing of ability, aptitude, personality and interest.
4. Guidance programme: Techniques used in vocational, educational, individual and group guidance.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Group discussion
2. Classroom performance
3. Exam.

Text Book :

1. Rao, S. N. (2003); Counselling and Guidance (2nd Ed.); New Delhi: Tata McGraw-Hill Publishing Company Ltd.
2. Raj, A. N. and Asthana, M. (2005) Nirdeshan Evam Paramershan; New Delhi: Motilal Banarasi Das.

M.A. SEM-III P-IV

COURSE CODE:3.240

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - III

Paper – IV(a) : Industrial Psychology

Course Objective : (2 or 3 lines)

The aim of Industrial Psychology is to give knowledge about application of Psychology in Industry eg. Personal selection, Job analysis, job satisfaction, human engineering, etc.

Course Outcome : (Minimum 5 points)

1. Nature, development, scope and problems of Industrial Psychology.
2. Personnel selection and Job satisfaction.
3. Criteria, determinants and methods of increasing morale.
4. Work stress and Stress management Strategies.
5. Causes of accident, accident proneness, prevention and safety measures.
6. Human engineering.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Classroom test, Debate
2. Project and Assignment
3. Exam with theory and practical Viva-Voce

Text Book :

1. Singh, A. K., Audyogik Manovigyan Motilal Banarasi Das, Varanasi.
2. Kocher, D.C., Audyogik and Sangathan Manovigyan, Bihar Hindi Granth Prakashan, Patna.

Reference Book :

1. Blum, M. L. and Naylor, J. C. (1968) Industrial Psychology: Its theoretical and social foundations, Harper and row, NY
2. Dunnette, Handbook of Industrial and Organizational Psychology (Vol. 1-4), Bombay, Oxford Publ.

M.A. SEM-III PRACTICAL

COURSE CODE:3.250

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - III

Paper – V : Project / Practical

Course Objective : (2 or 3 lines)

The objective of the project is to make aware P.G. students about various paradegms of research project / Dissertation.

Course Outcome : (Minimum 5 points)

1. To formulate problems
2. To formulate hypothesis
3. Identify variables
4. Sample selection / Variable control
5. Data Collection
6. Result & Discussion
7. Conclusion / Limitations
8. Future research possibilities

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Through Data Collection, Group discussion, LCD presentation.

Text Book :

Various Journals and Reference books : such as

1. Journal of the Indian Academy of Applied Psychology
2. Indian Journal of Health Psychology
3. Indian Journal of Positive Psychology
4. International Journal of Psychological Research

Reference Book :

1. Positive Psychology : Emerging Issues (2012)
2. Guidance and Counselling : (2010)
3. Prospect of Mental Health (2009)

M.A. SEM-IV P-I

COURSE CODE:3.260

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - IV

Paper – I : Cognitive Process : Thinking

Course Objective : (2 or 3 lines)

The main objective of this thinking process is that without thinking we could not solve any problem because it leads to a conclusion or solution of the problem.

Course Outcome : (Minimum 5 points)

1. Use of thinking, Trial and Error in thinking.
2. Stages of problem solving, Creative thinking and Artificial intelligence.
3. Concept formation, Conceptual rules.
4. Attainment of ill defined concepts, Prototype.
5. Reasoning, Algorithms, Heuristics, and rational model

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Classroom test
2. Assignment
3. Exams
4. Question - Answer

Text Book :

1. Bourne, J. et al. (1972) Psychology of Thinking. Prentice Hall Inc, NY
2. Tripathi L.B and others (1999), Modern Experimental Psychology, Har Prasad Bhrgava Book House, Agra.

Reference Book :

1. Snodgrass, J. Human Experimental Psychology, New York : Oxford University Press.

M.A. SEM-IV P-II

COURSE CODE:3.270

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - IV

Paper – II : Psychotherapeutic Techniques

Course Objective : (2 or 3 lines)

Psychotherapy can be defined as the psychological treatment at emotional behavioural, and personality disorders and it involves communication between patient and therapist and use theoretical based method.

Course Outcome : (Minimum 5 points)

1. Importance of psychotherapy for the treatment of point of view.
2. Importance of client clinician relationship.
3. Characteristics and utility of psychodynamics therapy, Behaviour therapy and Cognitive behaviour therapy.
4. Importance and utility of client centered therapy.
5. Advantage of group therapy for same type of patients.
6. Drug therapy is effective for different types of mental patients.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Classroom test : Once day in a week.

Text Book :

1. Singh, A. K.(2003) Advanced Clinical Psychology . New Delhi: Motilal Banarasi Das.
2. Singh, R. N. (1983) Naidanik Manovigyan, Ludhiyana: Kalyani Publishers.

M.A. SEM-IV P-III

COURSE CODE:3.280

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - IV

Paper – III (a) : Counselling Psychology

Course Objective : (2 or 3 lines)

Counselling aims at helping the clients understand and accept themselves as they are and counselling is to help the student to help himself. The main objective of counselling is to bring about a voluntary change in the client.

Course Outcome : (Minimum 5 points)

1. Scope and expectations of counselling. Characteristics of counsellor.
2. Approaches to counselling.
3. Areas of counselling, Descriptive case study.
4. Professional training and preparation: Ethical standards, selection and training of guidance.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Classroom test.
2. Group Discussion

Text Book :

1. Jaiswal, S. R. Nirdeshan Evam Paramersh; Lucknow: Prakashan Kendra.
2. Rai A.N. and Asthana, M. (2005), Nirdeshan Evam Paramarashan, Motilal Banarasi Das, New Delhi.

Reference Book :

1. Jones, A. J., Steffle, B. and Stewart, N. R. (1970); Principles of Guidance; McGraw Hill, Bombay.

M.A. SEM-IV P-IV

COURSE CODE:3.290

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - IV

Paper – IV : Organizational Psychology

Course Objective : (2 or 3 lines)

Aim of organization, behaviour or psychology is to understand, predict and administer human behaviour in the organizational setup.

Course Outcome : (Minimum 5 points)

1. Nature, Models and Approaches of organizational behaviour.
2. Management, Management by objectives, participative management, Modification of behaviour, Work Redesign.
3. Organizational structure and its implications in organization.
4. Work motivation and its major theories.
5. Leadership, Meaning and Types, Organizational change and development.
6. Climate and organizational culture.

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Assignment, Report Writing, by visiting organizational setup.
2. Six monthly exams,
3. Weekly test in classroom.

Text Book :

1. Ramji Lal, (2004) Industrial and Organizational Psychology; New Delhi: Shree Publishers and Distributors.
2. Singh, A.K., (2007), Audhogik evam Sangathanatmak Manovigyan, Bharti Bhawan Publishers and Distributors, Patna.
3. Suleman, M. and Kochar, D.K. (2006), Sangathanatmak Behaviour, Motilal Banarsidas, Varanasi.

Reference Book :

1. Luthans, Organizational Behaviour, New Delhi, Sage Publ.
2. Kinki, Organizational Behaviour, Pearson, Publ.

M.A. SEM-IV VIVA

COURSE CODE:3.300

Name of the Department : Psychology

Name of the Course (PAPER) : M.A. / M.Sc. : Semester - IV

Paper – V : Practical

Course Objective : (2 or 3 lines)

For applied knowledge of Psychological Tests / Scales / Inventories / Questionnaire and other tests Practical were conducted every year.

Course Outcome : (Minimum 5 points)

1. Problem solving
2. Family Functioning
3. Marital Adjustment
4. Job-involvement

Assessment Method : (Ex. Quiz, Debate , Essay, Class Test, Project, Exams ...)

1. Throw practical / viva-voce
2. Group discussion
3. Data collection

Text Book :

1. Experiment and Test : Ramji Srivastava
2. Ucchattar Prayogik Manovigyan : Arun Kumar Singh.